



# LIGHT & TRUTH AWARD

CUB SCOUT RELIGIOUS AWARD FOR LATTER-DAY SAINT YOUTH

My Name \_\_\_\_\_

The Light and Truth Award is the religious award for members of The Church of Jesus Christ of Latter-day Saints currently registered as Cub Scouts. To earn this award, Cub Scouts should first discuss the requirements for the Light and Truth Award with their parents and their Scouting leaders. Before you begin to work on the award, you should also obtain a personal journal. This can either be a special journal or a simple spiral bound notebook. You can then begin working on the requirements and electives for this award.

Do not be in too much of a hurry to earn or “run through” the award. This award is designed to help strengthen your faith in the Lord, Jesus Christ, and increase your understanding of the importance of doing your duty to God. As you work on and complete certain requirements, write your feelings in your personal journal or talk to your parents or Scouting leaders as required. As you complete each requirement, note in the table on the Light and Truth Application the number of the requirement or elective, the date it was completed, and the initials of a parent or Scouting leader.

Once you have completed all requirements for the Light and Truth Award, speak with your parents about what you have learned and have them sign in the appropriate location at the bottom of the requirements form. Contact your Scout leader who will talk with you about what you have learned and, after signing the Application form, will submit your application through [www.vanguardscouting.org](http://www.vanguardscouting.org) and then place an order for your Award. Once your Scout leader has received your Light and Truth medallion and certificate from Vanguard International Scouting Association, your award can then be presented at a future Scouting event or meeting.

## Requirements and Electives for Light and Truth Award

### Building Faith and Testimony—A Scout is Reverent.

#### REQUIREMENTS

1. Living a righteous, reverent, Christ-centered life requires studying His Word. Obtain your own copy of the scriptures. Find the Old Testament, the New Testament, the Book of Mormon, the Doctrine and Covenants and the Pearl of Great Price. Read the scriptures on your own or with your family daily for at least four weeks. Write in your personal journal about your feelings as you read.
2. Attend Primary and sacrament meeting regularly and partake of the sacrament. Think of the Savior and His sacrifice for you as you reverently participate in this ordinance. Write in your journal how worthily partaking of the sacrament helps you to always remember Jesus and strengthen your faith in Him.
3. Read the First Vision as shared by Joseph Smith in Joseph Smith—History 1:7-17. Tell about Joseph’s experience and share your feelings during a family home evening or write your thoughts in your journal.

#### ELECTIVES (Choose and complete one of the following)

1. Listen to or read a talk from a recent general conference. Share with your family or a leader what you learned and how it applies to you.
2. Choose a story from the Book of Mormon and share it with your family or write about it in your journal. Discuss why you liked the story and what you learned.

### Living the Gospel—Doing Your Duty to God.

#### REQUIREMENTS

1. Baden-Powell often reminded the Scouts of the world that “There is no religious ‘side’ of the [Scouting] movement. The whole of it is based on religion, that is, on the realization and service of God.” Prayer is an important part of learning your duty to God. Pray daily. Find a consistent time and place to share your personal thoughts, feelings and questions with Heavenly Father. Write about your experience in your journal.
2. Participate in the *Come, Follow Me* lessons and reading schedule regularly for two months. Write in your journal or discuss with a parent, teacher or other adult how your participation helps you live the Gospel.
3. Memorize the Articles of Faith. Read the attributes listed in the Thirteenth Article of Faith and compare them with the Scout Law. Discuss with a parent, leader or fellow Scout what these attributes mean and how you can live them.

#### ELECTIVES (Choose and complete one of the following)

1. Give an opening or closing prayer in Primary or your Cub Scout meeting.
2. Give a talk in Primary about the importance of following the example of Jesus in our daily living. Include a story from the scriptures or from your per-

sonal life to make your talk more meaningful. Share how learning about the life of Jesus Christ has helped you learn your duty to God.

3. Participate in an annual Primary program in sacrament meeting.

### **Family Relationships—A Scout is Kind. A Scout is Obedient.**

#### **REQUIREMENTS**

1. Honor your father and mother. Make a list of your home duties or chores (at least three). For one week make a special effort to do your chores without being asked, as well as doing the things your parents ask, without complaint. Record how you felt in your journal.
2. Show kindness to your family members. Choose a specific action that you think will make each member of your family happy and do it for them. Write in your journal how you felt as you did something special for each family member.
3. With the help of a parent or teacher, make a pedigree chart showing the full names of your siblings, parents and grandparents. Include as many names and dates as possible.

#### **ELECTIVES (Choose and complete one of the following)**

1. Choose one of your ancestors and share a story from his or her life with members of your Cub Scout den. Write in your journal something your ancestor did that you would like to do in your own life.
2. Select a family you admire. Interview each member of the family and find out what things they do to strengthen their family. Record their answers in your journal.

### **Missionary Preparation—The Scout Motto: “Be Prepared.”**

#### **REQUIREMENTS**

1. Read about the restoration of the Aaronic Priesthood in Joseph Smith History 1:66-75. Discuss with a parent or teacher why it was necessary for the priesthood to be restored to the earth and how the priesthood blesses you and your family.
2. The Scout Motto, “Be Prepared,” includes being able to provide food for yourself and those who rely on you – including your missionary companions. With help from an adult, learn to cook two simple meals and prepare them for your family to eat. Record your experience in your journal and include two things you learned from your experience of planning, preparing and serving the meals.
3. A Scout is CLEAN in THOUGHT, WORD, and DEED. Avoid negative, unkind or unclean thoughts for one entire day. Do your best to speak only kind words to those around you for three days and notice how it affects them. Keep your room clean for one whole week. Write in your journal your thoughts and feelings during this time.

#### **ELECTIVES (Choose and complete one of the following)**

1. A Scout is Thrifty. Set a goal to purchase something you would like. Earn the money necessary to buy it. Write in your journal how you felt when you achieved your goal.
2. Select a class at school that challenges you or teaches a new skill. Complete the class successfully and/or raise your grade in that class by additional study.
3. A Scout is Friendly. Invite a friend who is not a member of the Church to attend a Church or Cub Scout meeting.
4. With help from an adult, learn how to wash and care for your own clothing. For two weeks, wash, dry and put away your own clothes. Write in your journal about your experience.

### **Church History and Church Organization—A Scout is Loyal. A Scout is Obedient.**

#### **REQUIREMENTS**

1. In your own words, tell why and how the Gospel of Jesus Christ was restored. (You might want to read Joseph Smith – History in the Pearl of Great Price or the Bicentennial Proclamation, “The Restoration of the Fulness of the Gospel of Jesus Christ.”) Share your knowledge with a parent, leader or fellow Scout or write your thoughts in your journal.
2. Explain why the Church has temples and what ordinances take place in a temple. If there is a temple close enough, visit it with your family. If not, pick one temple and learn three things about it.
3. Name the current First Presidency. Recognize and name them from a picture. Tell your parent or leader one thing each presidency member spoke about at a recent general conference.

#### **ELECTIVES (Choose and complete one of the following)**

1. Write a list of all of the Presidents of the Church. Tell one thing each is known for or something that occurred in Church History when he was serving as president.
2. Find pictures of the current Twelve Apostles. Make a matching game and play it with a friend or sibling until you can match the name of each apostle with his picture.

## Service—A Scout is Helpful.

### REQUIREMENTS

1. The Scout Slogan is: “Do a good turn daily.” From both the Bible and the Book of Mormon, share a scripture with a parent, leader or your Cub Scout den about “helping other people at all times.” Tell why service shows love for the Savior and others.
2. Plan and complete a family service project and write about it in your journal.
3. Doing your duty to your country involves work and service. Participate in Scouting for Food, an Eagle Scout service project, or another Scouting service activity that benefits your country or community.

### ELECTIVES (Choose and complete one of the following)

1. Write a letter thanking someone for something they have done to benefit you, your Cub Pack, or a member of your family.
2. Offer to help care for younger children. Read to them, teach them a game, or help them with a project.

## LIGHT & TRUTH AWARD TRACKING SHEET



Category	Requirements	Elective	Parent / Leader Initials
Building Faith & Testimony			
Living the Gospel			
Family Relationships & Family History			
Missionary Preparation			
Church History & Church Organization			
Service			

*Vanguard International Scouting Association is an independent organization, not sponsored by The Church of Jesus Christ of Latter-day Saints, but serving Latter-day Saints in Scouting worldwide.*

### CANDIDATE INFORMATION

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Pack Number: \_\_\_\_\_

BSA Council: \_\_\_\_\_

I have completed the requirements and electives for the Light and Truth Award

\_\_\_\_\_  
Candidate Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

**Instructions to Candidate:** When you have completed this form, give it to your Scouting Unit Leader who will review what you have learned and will submit an application for your award. It will then be presented to you at a Pack Meeting or another appropriate time.

**Instructions to Scouting Unit Leader:** Conduct a reflection interview with the candidate and submit the application for the award online. Ideas for how to do a reflection interview and a link for submitting this application can be found at [vanguardscouting.org/religious-emblems-program/](http://vanguardscouting.org/religious-emblems-program/)